

## Good Monsoon and Its Bad Effects

**P**remonsoon and monsoon has come with settling of dust and chemicals in the air i.e. Relieving air Pollution but flooding many cities and consequent damages. Not only heavy rains bring massive Physical damage, human and animal losses but “Chemical” damage also, former includes loss of crops.

Hot and Sultry weather causes skin infections, fungal infections due to sweating (ring worm etc), fungal ear infections and throat and lung infections some time. It also causes acute gastroenteritis (Vomiting and diarrhea), viral and bacterial infections of nasal area, typhoid etc. Breeding mosquitoes (anopheles and aedes - species) cause malaria, dengue and chickenguinea.

Water and food pollution cause hepatitis A, which also flares up sometimes seasonally. Accordingly we have to take preventive measures (mosquitoes control), prophylaxis (escape mosquitoes bites) and if disease occurs take therapeutic measures.

Nature takes its own toll but manmade surroundings are the main culprit which we can only control by good knowledge and team work.

Monsoon (sawan in Hindi) is liked by all – A Hindu festival mentioned above – but brings Emotional outburst in many people, both positive and negative.

Also young people etc. taking “selfies” (mobile phone photographs) in a jolly mood near rivers and flooded water areas are liable to drowning if they don’t know swimming, beware of it.

**by R.K. Bhatnagar**

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